

# THE FOX THEATRE FOR FAMILIES AT HOME

## ACTIVITIES TO WEAVE A TALE BY



### Freeze

In each round of this drama game, one person acts as a "caller" and another person acts as the "shaker." The caller says, "Shake!" and the shaker then shakes their body while staying roughly in one spot. When the caller says, "Freeze!" the shaker should stop in whatever position they are in right then and hold it. The shaker then comes up with a story or scenario that fits their position, says what it is in a few words, and then briefly acts it out. Continue this for multiple rounds, with different people in the group acting as caller and shaker.

### Life Stories...with Animals!

The basic idea is to tell a personal story (especially one from recent months) as a fable, using animal characters to represent the actual people in the story. Here's a rough guide to the process:

1. Choose what group of people in your life you want your story to be about. The people in your home? Your school class? Your neighborhood?
2. Choose animal characters to represent the people in your group. For example, your teacher could be a unicorn; your dad could be a rhinoceros; your neighbor could be a little possum!
3. Think about the group you chose, and call to mind something that you and that group have been through these past months... something that really stands out.
4. And then... just go for it! Tell the story of that experience, but use your animal characters to do it.

